

# Rocking around the clock eight days a week: an exploration of temporal patterns of music listening

Perfecto Herrera

Zuriñe Resa

Mohamed Sordo

perfecto.herrera@upf.edu

Music Technology Group  
Department of Technology  
Universitat Pompeu Fabra  
zuri\_resa@hotmail.com

mohamed.sordo@upf.edu

## ABSTRACT

Music listening patterns can be influenced by contextual factors such as the activity a listener is involved in, the place one is located or physiological constants. As a consequence, musical listening choices might show some recurrent temporal patterns. Here we address the hypothesis that for some listeners, the selection of artists and genres could show a preference for certain moments of the day or for certain days of the week. With the help of circular statistics we analyze playcounts from Last.fm and detect the existence of that kind of patterns. Once temporal preference is modeled for each listener, we test the robustness of that using the listener's playcount from a posterior temporal period. We show that for certain users, artists and genres, temporal patterns of listening can be used to predict music listening selections with above-chance accuracy. This finding could be exploited in music recommendation and playlist generation in order to provide user-specific music suggestions at the "right" moment.

## Categories and Subject Descriptors

H.5.5 Sound and Music Computing – methodologies and techniques, modeling.

## General Terms

Measurement, Experimentation, Human Factors.

## Keywords

Music context analysis, Playlist generation, User modeling, Music metadata, Temporal patterns, Music preference.

## 1. INTRODUCTION

Among the requirements of good music recommenders we can point to, not only delivering the right music but, delivering it at the right moment. This amounts to consider the context of listening as a relevant variable in any user model for music recommendation. As existing technologies also make it possible to track the listening activity every time and everywhere it is happening, it seems pertinent to ask ourselves how this tracking can be converted into usable knowledge for our recommendation

*WOMRAD 2010* Workshop on Music Recommendation and Discovery, colocated with ACM RecSys 2010 (Barcelona, SPAIN).

Copyright ©. This is an open-access article distributed under the terms of the Creative Commons Attribution License 3.0 Unported, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

systems. Music listening decisions might seem expressions of free will but they are in fact influenced by interlinked social, environmental, cognitive and biological factors [21][22].

Chronobiology is the discipline that deals with time and rhythm in living organisms. The influence of circadian rhythms (those showing a repetition pattern every 24 hours approximately, usually linked to the day-night alternation), but also of ultradian rhythms (those recurring in a temporal lag larger than one day like the alternation of work and leisure or the seasons), has been demonstrated on different levels of organization of many living creatures, and preserving some biological cycles is critical to keep an optimum health [18]. The observation that human behavior is modulated by rhythms of hormonal releases, exposure to light, weather conditions, moods, and also by the activity we are engaged into [12][3] paves the way to our main hypothesis: there are music listening decisions that reflect the influence of those rhythms and therefore show temporal patterns of occurrence. The connection would be possible because of the existing links between music and mood on one side, and between music and activity on the other side. In both cases, music has functional values either as mood regulator [23] or as an activity regulator [13]. Therefore, as mood and activity are subject to rhythmic patterns and cycles, music selection expressed in playlists could somehow reflect that kind of patterning [26][23]. More specifically, in this paper we inquire on the possibility of detecting that, for a specific user, certain artists or musical genres are preferentially listened to at certain periods of the day or on specific days of the week. The practical side of any finding on this track would be the exploitation of this knowledge for a better contextualized music recommendation. Our research is aligned with a generic trend on detecting hidden patterns of human behavior at the individual level thanks, mainly, to the spread of portable communication and geolocation technologies [4][20].

## 2. RELATED RESEARCH

While recommendations based on content analysis or on collaborative filtering may achieve a certain degree of personalization, they do miss the fact that the users interact with the systems in a particular context [19]. Furthermore, several studies have shown that a change in contextual variables induces changes in user's behaviors and, in fact, when applying contextual modelling of the users (i.e., considering the time of the day, the performed activity, or the lighting conditions), the performance of recommendation systems improves both in terms of predictive accuracy and true positive ratings [8][25]. Although context-based music recommenders were available since 2003 [1], time information is a recently-added contextual feature [7][17].

A generic approach to the characterization of temporal trends in everyday behavior has been presented in [10], where the concept of “eigenbehavior” is introduced. Eigenbehaviors are characteristic behaviors (such as leaving early home, going to work, breaking for lunch and returning home in the evening) computed from the principal components of any individual’s behavioral data. It is an open research issue if Eigenbehaviors could provide a suitable framework for analyzing music listening patterns. A model tracking the time-changing behavior of users and also of recommendable items throughout the life span of the data was developed for the Netflix movie collection [14]. This allowed the author to detect concept drifts and the temporal evolution of preferences, and to improve the recommendation over a long time span.

Although research on behavioral rhythms has a long and solid tradition, we are not aware of many studies about their influence on music listening activities. The exception is a recent paper [2] where users’ *micro-profiles* were built according to predefined non-overlapping temporal partitions of the day (e.g., “morning time slot”). The goal of the authors was to build a time-aware music recommender and their evaluation of the computed micro-profiles showed their potential to increase the quality of recommendations based on collaborative filtering. Most of that reported work was, though, on finding optimal temporal partitions. As we will see, there are other feasible, maybe complementary, options that keep the temporal dimension as a continuous and circular one by taking advantage of circular statistics. Developed forty years ago and largely used in biological and physical sciences, circular statistics has also been exploited in personality research for studying temporal patterns of mood [15][16]. To our knowledge, it is the first time they are used in the analysis of music-related behavior, though applications to music have been previously reported [5][9].

### 3. METHODOLOGY

#### 3.1 Data Collection

Getting access to yearly logs of the musical choices made by a large amount of listeners is not an easy task. Many music playing programs store individual users’ records of that, but they are not publicly accessible. As a workable solution, we have taken advantage of Last.fm API, which makes possible to get the playcounts and related metadata of their users. As raw data we have started with the full listening history of 992 unique users, expressed as 19,150,868 text lines and spanning variable length listening histories from 2005 to 2009. The data contained a user identifier, a timestamp, Musicbrainz identifiers for the artist and track, and a text name for the listened track.

The artist genre information was gathered from Last.fm using the Last.fm API method *track.getTopTags()*, which returns a list of tags and their corresponding weight<sup>1</sup>. This list of tags, however, may relate to different aspects of music (e.g. genre, mood, instrumentation, decades...). Since in our case we need a single genre per track, we first clean tags in order to remove special characters or any other undesirable characters, such as spaces, hyphens, underscores, etc. Then irrelevant tags (i.e., those having

a low weight) are removed and the remaining ones are matched against a predefined list of 272 unique musical genres/styles gathered from Wikipedia and Wordnet. From the genre tags we obtained for each song, we select the one with the highest weight. If there are several tags with the highest weight, we select the one with the least popularity (popularity is computed as the number of occurrences of a specific genre in our data-set).

#### 3.2 Data cleaning

Data coming from Lastfm.com contain playcounts that cannot be attributable to specific listening decisions on the side of users. If they select radio-stations based on other users, on tags or on similar artists there are chances that songs, artists and genres will not recur in a specific user’s profile. In general, even in the case of having data coming from personal players obeying solely to the user’s will, we should discard (i) users that do not provide enough data to be processed, and (ii) artists and genres that only appear occasionally. We prefer to sacrifice a big amount of raw data provided those we keep help to identify a few of clearly recurring patterns, even if it is only for a few users, artists or genres.

In order to achieve the above-mentioned cleaning goals we first compute, for each user, the average frequency of each artist/genre in his/her playlist. Then, for each user’s dataset, we filter out all those artists/genres for which the playlist length is below the user’s overall average playlist length. Finally, in order to get rid of low-frequency playing users, we compute the median value of the number of artists/genres left after the last filtering step, which we will name as “valid” artists/genres. Those users whose number of “valid” artists/genres is below the median percentage value are discarded.

#### 3.3 Prediction and Validation Data Sets

Once we get rid of all the suspected noise, we split our dataset in two groups. One will be used to generate the temporal predictions while the other one will be used to test them. The test set contains all the data in the last year of listening for a given subject. The prediction-generation set contains the data coming from two years of listening previous to the year used in the test set.

#### 3.4 Circular Statistics

Circular statistics are aimed to analyze data on circles where angles have a meaning, which is the case when dealing with daily or weekly cycles. In fact, circular statistics is an alternative to common methods or procedures for identifying cyclic variations or patterns, which include spectral analysis of time-series data or time-domain based strategies [15]. Although these approaches are frequently used, their prerequisites (e.g., interval scaling, regularly spaced data, Gaussianity) are seldom met and, as we mentioned above, these techniques have rarely been used to analyze music-related data and therefore we wanted to explore its potential.

Under the circular statistics framework, variables or data considered to be cyclic in nature are meant to have a period of measurement that is rotationally invariant. In our case this period is referred to the daily hours and the days of the week. Therefore, taking into account the rotationally invariant period of analysis this would be reflected as daily hours that range from 0 to 24, where 24 is considered to be the same as 0. Regarding to the weekly rhythm, Monday at 0h would be considered to be the same as Sunday at 24h.

---

<sup>1</sup> Last.fm relevance weight of tag  $t$  to artist  $a$ , ranging from 0 to 100.

The first step in circular analysis is converting raw data to a common angular scale. We chose the angular scale in radians, and thus we apply the following conversion to our dataset:

$$\alpha = \frac{2\pi x}{k}$$

where  $x$  represents raw data in the original scale,  $\alpha$  is its angular direction (in radians) and  $k$  is the total number of steps on the scale where  $x$  is measured. In fact, we denote  $\alpha$  as a vector of  $N$  directional observations  $\alpha_i$  ( $i$  ranging from 1 to  $N$ ). For the daily hour case,  $x$  would have values between 0 and 24, and  $k = 24$ . Alternatively, for the weekday analysis,  $x$  would have a scale from 0 (Monday) to 6 (Sunday) and thus,  $k = 6$ . As noted, the effect of this conversion can be easily transformed back to the original scale. Once we have converted our data to angular scale, we compute the *mean direction* (a central tendency measure) by transforming raw data into unit vectors in the two-dimensional plane by

$$r_i = \begin{pmatrix} \cos \alpha_i \\ \sin \alpha_i \end{pmatrix}$$

After this transformation, vectors  $r_i$  are vector-averaged by

$$\bar{r} = \frac{1}{N} \sum_i r_i$$

The quantity  $\bar{r}$  is the *mean resultant vector* associated to the mean direction, and its length  $\bar{R}$  describes the spread of the data around the circle. For events occurring uniformly in time  $\bar{R}$  values approach 0 (uniform circular distribution) whereas events concentrated around the mean direction yield values close to 1 (see figure 1 for an example). A null hypothesis (e.g., uniformity) about the distribution of data can be assessed using Rayleigh's [11] or Omnibus (Hodges-Ajne) tests [27], the latter working well for many distribution shapes. Once we have detected significantly modally distributed data by means of both tests, we verify that it wasn't completely pointing to a single day or hour. All the circular statistics analyses presented here have been performed with the CircStat toolbox for Matlab [6].

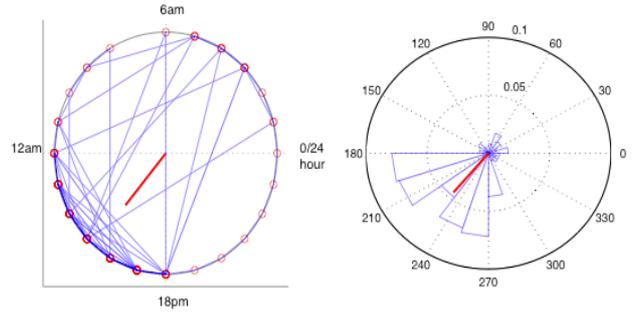
## 4. RESULTS

### 4.1 Data cleaning

As a consequence of the cleaning process, our working dataset now contains data from 466 valid users. The cleaning process has kept 62% of their total playcounts, which corresponds to 4.5% of the initial amount of artists. This dramatic reduction of the artists should not be surprising as many listening records show a "long-tail" distribution, with just a few of frequently played artists, and many of them seldom played. On the other hand, when focusing on musical genre listening, the working dataset includes 515 users, from which 78% of their playcounts has been kept. These playcounts comprise 8.6% of the total number of genres. Again, a long-tail distribution of the amount of listened genres is observed.

### 4.2 Temporal Patterns of Artist Selection

Once we have cleaned our dataset, we compute the mean circular direction and the mean resultant vector length for each artist and user. Therefore, these values can be considered as a description of the listening tendencies for each artist by each user. Both parameters were calculated for the daily and for the weekly data.



**Figure 1. Circular representation of a specific user listening behavior for a specific artist along 24 hours. The left side diagram shows the daily distribution of listening, and the right one the circular histogram. The red line represents the mean vector direction and length in both cases.**

In order to assess the relevance of these listening trends, we tested that the distribution of playcounts was different from uniform, and that it was modally distributed (i.e. showing a tendency around an hour or around a day of the week) and discarded those that were not fulfilling these requirements (a null hypothesis rejection probability  $p < 0.05$  was set for the tests).

In the hour prediction problem, for each listener's clean dataset almost 93% ( $\sigma=13$ ) of the artists passed on average the uniformity test (i.e., listening to them is meant to be concentrated around a specific hour). However, considering the raw dataset, only a per-user average of 7% ( $\sigma=3.2$ ) of the artists show a listening hour tendency. For the weekly approach, the per-user average in the clean dataset is 99.8% ( $\sigma=0.8$ ), indicating that there are some artists showing a clear tendency towards a preferred listening day. Considering the original raw dataset, they correspond to a 7.5% ( $\sigma=3.2$ ) of all the played artists.

Data from 466 users, including 7820 different songs and a grand total of 23669 playcounts were used in the validation of the temporal listening patterns of artists. For each user and artist we computed a "hit" if the absolute difference between the playing day in the prediction and test conditions, expressed as a circular mean value in radians, was less than 0.45 (the equivalent to a half-a-day error). For the time of the day a half-an-hour error was accepted, corresponding to a difference between the predicted and the observed time of less than 0.13 radians.

When predicting the day of listening, an overall 32.4% of hits was found for the songs in the test collection, which exceeds by far the chance expectations ( $1/7=14.28\%$ ). As the final goal of the model is providing user-specific contextual recommendation, an additional per-user analysis yielded 34.5% of hits ( $\sigma=17.8$ ). Identical data treatment was done with the time of the day yielding an overall 17.1% of hits (chance expectation baseline:  $1/24=4.1\%$ ) and a per-user hit rate of 20.5% ( $\sigma=16.4$ ).

### 4.3 Temporal Patterns of Genre Selection

Data from 456 users, including more than 5100 songs and 117 genres, were used for the validation of the genre-related patterns. In order to consider a "hit" in the prediction of listening time and day for a given genre, we set the same thresholds than for evaluating the artist prediction. For the time of the day an overall 22.6% (and per-user 23.2%) of accurate predictions was found. It is interesting to note that relaxing the required accuracy of the prediction to plus/minus one hour error we reached 39.9% of

average hits and per-user average 41% ( $\sigma=28.4$ ). For the day of the week, the overall hit percent was 40.9%, while the per-genre average and the per-user average were, respectively, 40.7% ( $\sigma=24.1$ ) and 41.7% ( $\sigma=26.3$ ). It is interesting to note that among the best predictable genres we find many of infrequent ones but also many of the most frequent ones.

## 5. CONCLUSIONS

The present study is, as far as we know, the first one inquiring the possibility that our music listening behavior may follow some detectable circadian and ultradian patterns, at least under certain circumstances. We have discovered that a non-negligible amount of listeners tend to prefer to listen to certain artists and genres at specific moments of the day and/or at certain days of the week. We have also observed that, respectively for artists and for genres, 20% and 40% time-contextualized music recommendations can be successful. In our future work agenda, more sophisticated prediction models will be tested, and also ways to implement them into existing music recommenders.

## 6. ACKNOWLEDGMENTS

Our thanks to Óscar Celma who kindly shared the Last.fm data file, accessible from this URL:

<http://www.dtic.upf.edu/~ocelma/MusicRecommendationDataset/lastfm-1K.html>

## 7. REFERENCES

- [1] Anderson, M., Ball, M., Boley, H., Greene, S., Howse, N., Lemire, D., and McGrath, S. 2003. Racofi: A rule-applying collaborative filtering system. In Proc. of COLA'03.
- [2] Baltrunas, L. and Amatriain, X. 2009. Towards Time-Dependant recommendation based on implicit feedback. RecSys09 Workshop on Context-aware Recommender Systems (CARS-2009).
- [3] Balzer, H.U. 2009. Chronobiology as a foundation for and an approach to a new understanding of the influence of music. In R. Haas and V. Brandes (Eds.), *Music that Works*. Wien/New York: Springer Verlag.
- [4] Barabasi, A.L. 2010. *Bursts: The Hidden Pattern Behind Everything We Do*. New York: Dutton Books.
- [5] Beran, J. 2004. *Statistics in Musicology*, Boca Raton: CRC.
- [6] Berens P., 2009, CircStat, a Matlab Toolbox for Circular Statistics, *Journal of Statistical Software*, 31, 10.
- [7] Boström, F. 2008. AndroMedia - Towards a Context-aware Mobile Music Recommender. Master's thesis, University of Helsinki, Faculty of Science, Department of Computer Science. <https://oa.doria.fi/handle/10024/39142>.
- [8] Coppola, P., Della Mea, V., Di Gaspero, L., Menegon, D., Mischis, D., Mizzaro, S., Scagnetto, I. and Vassena, L. 2009. The context-aware browser. *IEEE Intelligent Systems*, 25,1, 38-47.
- [9] Dressler, K. and Streich, S. 2007. Tuning Frequency Estimation Using Circular Statistics. 8<sup>th</sup> Int. Conf. on Music Information Retrieval (ISMIR-2007), 357-360.
- [10] Eagle, N. and Pentland, A.S. 2009. Eigenbehaviors: Identifying structure in routine. *Behavioral Ecology and Sociobiology*, 63, 7, 1057-1066.
- [11] Fisher N.I., 1993, *Statistical Analysis of circular data*, Cambridge: Cambridge University Press.
- [12] Foster, R.G., and Kreitzman, L. 2005. *Rhythms of Life: The Biological Clocks that Control the Daily Lives of Every Living Thing*. Yale: Yale University Press.
- [13] Hargreaves, D. J. and North, A. C. 1999. *The functions of music in everyday life: Redefining the social in music psychology*. *Psychology of Music* 27, 71-83.
- [14] Koren, Y. 2009. Collaborative filtering with temporal dynamics, New York, NY, USA, 447-456.
- [15] Kubiak, T. and Jonas, C. 2007. Applying circular statistics to the analysis of monitoring data: Patterns of social interactions and mood. *European Journal of Personality Assessment*, 23, 227-237.
- [16] Larsen, R.J., Augustine, A.A., and Prizmic, Z. 2009. A process approach to emotion and personality: Using time as a facet of data. *Cognition and Emotion*, 23, 7, 1407-1426.
- [17] Lee, J.S. and Lee, J.C. 2008. Context awareness by case-based reasoning in a music recommendation system. 4<sup>th</sup> Int. Conf. on Ubiquitous Computing Systems, 45-58.
- [18] Lloyd, D., and Rossi, E. 2008. *Ultradian Rhythms from Molecules to Mind: a new vision of life*. New York: Springer.
- [19] Lombardi, S., Anand, S. and Gorgoglione, M. 2009. Context and Customer Behavior in Recommendation. RecSys09 Workshop on Context-aware Recommender Systems.
- [20] Neuhaus, F., 2010. *Cycles in Urban Environments: Investigating Temporal Rhythms*. Saarbrücken: LAP.
- [21] Radocy, R.E. and Boyle, J.D. 1988. *Psychological Foundations of Musical Behavior* (2nd ed.) Springfield, IL: Charles C. Thomas.
- [22] Rentfrow, P.J. and Gosling, S.D. 2003. The do re mi's of everyday life: The structure and personality correlates of music preferences. *Journal of Personality and Social Psychology*, 84, 6, 1236-1256.
- [23] Reynolds, G., Barry, D., Burke, T., and Coyle, E. 2008. Interacting with large music collections: towards the use of environmental metadata. *IEEE International Conference on Multimedia and Expo*, 989-992.
- [24] Saarikallio, S., and Erkkilä, J. 2007. The role of music in adolescents' mood regulation. *Psych. of Music*, 35, 1, 88-109.
- [25] Su, J.H., Yeh, H.H., Yu, P.S., Tseng, V. 2010. Music recommendation using content and context information mining. *IEEE Intelligent Systems*, 25, 16-26.
- [26] Valcheva, M. 2009. Playlistism: a means of identity expression and self-representation. Technical Report, Intermedia, University of Oslo. [http://www.intermedia.uio.no/download/attachments/43516460/vit-ass-mariya\\_valcheva.pdf?version=1](http://www.intermedia.uio.no/download/attachments/43516460/vit-ass-mariya_valcheva.pdf?version=1)
- [27] Zar J.H. 1999, *Biostatistical Analysis* (4<sup>th</sup> edition), Upper Saddle River, NJ: Prentice Hall.